WHY ALL GIRLS?
The All Girls Experience at St. Scholastica Academy

WHY ALL GIRLS?

The world today is complex and rapidly changing. The demands placed on women emphasize the need for schools to develop a strong sense of self and confidence in their ability in our girls. Current research clearly supports the positive effects of all girls' schools for young women. Graduates of girls' schools reflect a significant percentage of women in leadership positions in their professions, communities, public service, industry and academia.

Students in all girls’ schools describe their experiences as life-changing, demanding, exciting, thought-provoking, and empowering. In all girls’ schools, young women have numerous opportunities to find their voice and to be heard. Their accomplishments are many and they have the freedom to discover their talents without societal pressures. They can become their best selves through challenging coursework, leadership opportunities, and interest groups. They are more likely to have a multitude of experiences that support their learning. They are motivated, challenged and actively engaged in their learning.

Girls from these schools develop the grit and self-confidence to confidently enter a global society and make significant contributions. Experience the benefits of an all girls’ education at SSA... it’s life changing!
Research Supports the Benefits of Single-Sex Education

**A POSITIVE EXPERIENCE**

93% of girls’ school grads are very or extremely satisfied with their school’s ability to provide individualized attention.

93% of girls’ school grads say they were offered greater leadership opportunities than peers at coed schools.

80% of girls’ school grads strongly feel encouragement to develop their own interests.

**A GREATER INTEREST IN ACADEMICS**

6x

Girls’ school grads are six times more likely to consider majoring in math, science, and technology.

3/4

Three-fourths of girls’ school grads consider college a stepping stone to graduate school.

80%

More than 80% of girls’ school grads consider their academic performance highly successful.

**A DEVELOPMENT OF LEADERSHIP SKILLS**

95%

Of girls’ school grads said that having a career and profession was very or extremely important to them.

1/3

Of female corporate board members of Fortune 500 companies are girls’ school grads.

90%

Of those attending girls’ schools report belonging to a charitable, civic or educational group or arts association.

Sources: National Coalition of Girls’ Schools, including a 2000 and 2005 study conducted for NCGS by the Goodman Research Group of Cambridge, Massachusetts; Women Graduates of Single-Sex and Coeducational High Schools: Differences in their Characteristics and the Transition to College. Linda J. Sax, Ph.D, UCLA
Resources About Girls and Education

Mindset: The New Psychology of Success  
_Carl Dweck_

Same, Different, Equal: Rethinking Single-Sex Schooling  
_Rosemary Salomone_

How Children Succeed: Grit, Curiosity, and the Hidden Power of Character  
_Paul Tough_

Lean In: Women, Work and the Will to Lead  
_Sheryl Sandberg_

How Girls THRIVE  
_JoAnn Deak_

Positive Learning Using Sports  
_Jeffrey Pratt Beedy_

Untangled: Guiding Teenage Girls Through the Seven Transitions into Adulthood  
_Lisa Damour_

Reviving Ophelia: Saving the Selves of Adolescent Girls  
_Mary Pipher_

The Blessing of a Skinned Knee: Using Jewish Teachings  
_Wendy Mogel_

Odd Girl Out, Revised and Updated  
_Rachel Simmons_

St. Scholastica Academy is a Catholic, all-girls, college-preparatory high school located in Covington, Louisiana. Founded in 1903, SSA perpetuates the Benedictine tradition of balancing prayer, work, study, and community in developing adolescent girls into Christian women grounded in the Gospel values of the Catholic faith.

122 S. Massachusetts Street • Covington, Louisiana 70433 • www.SSAcad.org