GAME DAY GUIDE
WELCOME TO FRANCIS PARKER SCHOOL
HOME OF THE LANCERS

THE MISSION

At Parker we believe interscholastic athletics will play a prominent role, and is an integral and valuable component of our students’ overall educational experience. The program serves the mission of the school, and will strive for competitive excellence, the development of athletic skill, leadership, and sportsmanship. We believe that our fundamental responsibility is to help student-athletes develop their character and critical skills (e.g., teamwork, resilience, grit, tenacity, etc.) that will promote success in the classroom, in college and in life.

GENERAL INFORMATION

Linda Vista Campus Address
6501 Linda Vista Road
San Diego, CA 92111

Francis Parker School Number
(858) 569-7900

Athletics Web Address
francisparker.org/page/athletics

Campus Security
(619) 838-3086

ATHLETIC DEPARTMENT STAFF

Anthony Thomas, CAA
Director of Athletics
athomas@francisparker.org
(858) 569-7900 ext. 4147

John Herman
Associate Director of Athletics
jherman@francisparker.org
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Missy Ross
Athletics Administrative Assistant
mross@francisparker.org
(858) 569-7900 ext. 4124

Amani Walker
Facilities & Equipment Manager
awalker@francisparker.org
(858) 569-7900 ext. 4167

Niki Dehner, MS, ATC
Director of Sports Medicine
ndehner@francisparker.org
(858) 569-7900 x 4156

Jeff Rose
Director of Sports Performance
jerose@francisparker.org
(858) 569-7900 ext.
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<th>Sport</th>
<th>Gender</th>
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<td>Michael Stutts</td>
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<td>Matt Schellenberg</td>
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<td>Matt Morrison</td>
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<td>Stacey Zoiopoulos</td>
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<td>Chris McGrath</td>
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<td>Jack Klein</td>
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<td>Dave McCarthy</td>
<td><a href="mailto:dmccarthy@francisparker.org">dmccarthy@francisparker.org</a></td>
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<td>DJ Walcott</td>
<td><a href="mailto:dwalctt@francisparker.org">dwalctt@francisparker.org</a></td>
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<td>John Herman</td>
<td><a href="mailto:jherman@francisparker.org">jherman@francisparker.org</a></td>
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GAME OPERATIONS

Parker is currently in the midst of completing a major construction project that impacts the use of our gym and parking lot. Parking and bus access are extremely limited. Buses can drop athletes off at the east parking lot entrance off of Northrim Court. After 5PM the best place for the bus to park is at the San Diego County Education lot, which is located just west of our school on Linda Vista Road. The address is 6401 Linda Vista Road. Before 5PM buses can park at the Church of the Nazarene, 6736 Linda Vista Rd.

GAME MANAGEMENT OPERATIONS
Direct questions or concerns should go to the Director of Athletics, Anthony Thomas or to our department Administrative Assistant, Missy Ross.

GAME TIME
Football - Kickoff will be at 7PM following the captain’s meeting, coin flip and National Anthem.
Volleyball – 4PM: Novice/JV  5:30PM: Varsity
Basketball – weekday 4:30 & 6:00PM   Fridays 5:30 & 7:00PM

ADMISSION PRICES
Gates will open one hour prior to game.
General Admission: $7.00 Football/$5.00 Volleyball and Basketball
Students’ w/ID: $5.00 Football/$3.00 Volleyball and Basketball
Seniors and Children under 12: $5.00 Football/$3.00 Volleyball and Basketball

ATHLETIC TRAINER/TRAINING ROOM
Our trainer, Niki Dehner, and our team doctor, Dr. Sean Evans, will be able to assist you as needed. If you need ice, let Niki know upon your arrival.

CONCESSIONS
Concessions will be provided by Parker ASB only and is located on the south side of the home bleachers. No other food or drink will be permitted into the facility except bottled water.

EYE IN THE SKY (FOOTBALL)
Parker does not have a conventional press box. There are lifts provided for coaches on the visitor’s side of the field. Visitors should use the north side lift. Parker will utilize the south side lift.

FIELD
We have a Field Turf playing surface. Please no food, gum, or sunflower seeds. Please do not dump your water buckets on the field.
JERSEY COLORS
Parker Football will wear Brown or Gold jerseys. Visitors shall wear white jerseys. Basketball will wear white.

LOCKER/TEAM ROOM
Access to locker/team room is by request only due to the construction. Teams wanting access to locker/team room will need to request this in advance to give us an opportunity to prepare a space for you. Please take all bags and equipment to the playing facility.

RESTROOMS
Restrooms are located inside the Field House (gym).

SEATING
Parker will occupy the east bleachers; visitors will use the west bleachers.

SUPERVISION
Each school is responsible for the supervision of its own section. Visiting administrators should introduce themselves to Parker administration before the game.

DIRECTIONS TO PARKER’S LINDA VISTA CAMPUS

FROM NORTH COAST (BEACHES)
Take I-5 South
Exit WEST on Sea World Drive
Turn LEFT at Friars Road (2nd stop light), follow Friars as it turns east,
Turn LEFT on Via Las Cumbres, drive uphill
Turn RIGHT on Linda Vista Road,
Turn RIGHT on Northrim to enter campus’ East Lot

NORTH COUNTY (INLAND)
Take 163 South
Exit RIGHT on Genesee Avenue
Turn LEFT onto Linda Vista Road
Drive about 2 miles.
Campus is on the RIGHT
Turn RIGHT on Northrim to enter campus’ East Lot

FROM DOWNTOWN
Take 163 North
Exit Friars Road WEST
Stay on Friars past Fashion Valley Mall
Turn RIGHT on Via Las Cumbres, and continue to the top of the hill.
Turn RIGHT on Linda Vista Road
Parker is on the right.
Turn RIGHT on Northrim to enter campus’ East Lot

FROM EAST COUNTY
Take I-8 West past Mission Valley
From right lane take exit 4B for CA-163 North
Keep RIGHT and continue to Friars Road exit
Exit onto Friars Road WEST
Turn RIGHT on to Ulric Street
Turn LEFT on Tait Street
Turn LEFT at Linda Vista Road
Campus is on the left about 2 miles West.
Turn RIGHT on Northrim to enter campus’ East Lot

FROM SOUTH COUNTY
Take I-5 North
Exit onto I-8 East
Take Morena Blvd. exit
Bear RIGHT onto Linda Vista Road,
Continue uphill past USD and Via Las Cumbres
Parker is on the right.
Turn RIGHT on Northrim to enter campus’ East Lot

PARKING AT PARKER
Due to the construction on campus our East Lot is smaller than usual. Once that lot is full, fans should park in the San Diego County Education (SDCE) lot, which is located just west of our school on Linda Vista Road at 6401 Linda Vista Road. Our event staff (gold shirts/jackets) or security will direct you from the SDCE lot to the field or gym. See map on last page.

EMERGENCY CARE
ATHLETIC TRAINER
Niki Dehner – (619) 840-6824

CAMPUS SECURITY
(619) 838-3086

HOSPITALS
Rady Children’s Hospital Emergency
3020 Childrens Way
San Diego, CA  92123
(858) 576-1700
Sharp Memorial Hospital Emergency
7901 Frost St.
San Diego, CA  92123
(858) 939-3400

UCSD Medical Center Emergency
200 W Arbor Dr.
San Diego, CA  92103
(619) 543-6222

Scripps Mercy Hospital Emergency
4077 5th Ave.
San Diego, CA  92103
(619) 294-8111

LOCAL ACCOMMODATIONS

LOCAL GROCERY STORES
Ralphs - 5680 Mission Center Rd.  San Diego, CA  92108

RESTAURANTS

Fashion Valley Mall
Cheesecake Factory - 7067 Friars Rd.  San Diego, CA  92108
Stacked Food Well Built - 7007 Friars Rd. Unit 356   San Diego, CA  92108

Linda Vista Neighborhood
Giovannis Italian Restaurant - 5277 Linda Vista Rd.  San Diego, CA  92110
Round Table Pizza - 6110 Friars Rd. Unit 111   San Diego, CA  92108
Starbucks - 5175 Linda Vista Rd.  San Diego, CA  92110
Super Bronco Mexican Restaurant - 6725 Linda Vista Rd.  San Diego, CA  92111
Urbane Café (Sandwiches) - 5375 Napa St.  San Diego, CA  92110

Mission Valley
In-N-Out - 2005 Camino del Este  San Diego, CA  92108
Shake Shack - 675 Camino de la Reina   San Diego, CA  92108
Lazy Dog Restaurant - 202 Camino del Rio N   San Diego, CA  92108

Old Town
La Pinata Restaurant - 2836 Juan St.  San Diego, CA  92110
Café Coyote - 2461 San Diego Ave.  San Diego, CA  92110

HOTELS

Courtyard by Marriott - 595 Hotel Circle South  San Diego, CA  92108
Marriott Mission Valley - 8757 Rio San Diego Dr.  San Diego, CA  92108
Hilton Garden Inn - 4200 Taylor St.  San Diego, CA  92110
DoubleTree - 7450 Hazard Center Dr.  San Diego, CA  92108
PARKER

MOVIE THEATER
AMC Fashion Valley 18 - 7037 Friars Rd. San Diego, CA 92108
AMC Mission Valley 20 - 1640 Camino del Rio North San Diego, CA 92108

GO LANCERS!
## Appendix

**Game Day Operations for:**

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