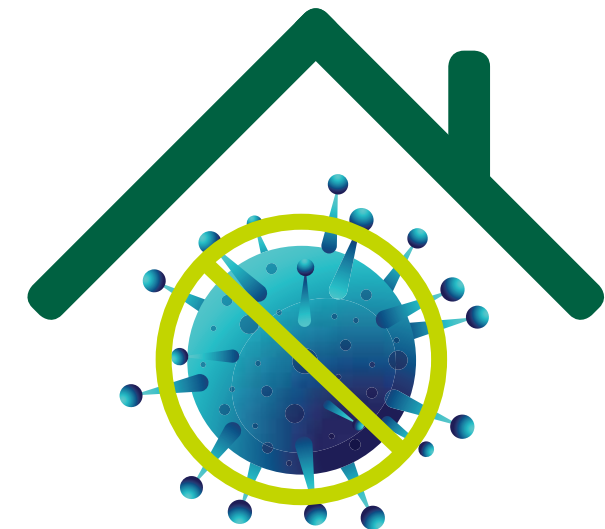


# COVID-19 ILLNESS QUARANTINE **STAY HOME** GUIDELINES



## PERSON A

**Any person who has tested positive for COVID-19**

**With symptoms:**

Isolation until the following requirements have been met:

- 10 days since symptoms first appeared AND
- 72 hours with no fever (w/out the use of fever-reducing medicine) AND Symptoms have improved

**Without symptoms (Asymptomatic):**

Quarantine for 10 days from test date:

- Monitor for symptoms. Take temperature twice daily.
- Release from quarantine after 10 days as long as no symptoms have been present

## PERSON B

**Any person who lives in the same household with Person A**

**No symptoms:**

- Quarantine immediately
- Stay in quarantine for 14 days after last exposure to person A

**If symptoms develop, contact your healthcare provider**

## PERSON C

**Any person with close contact the Person A (>15 minutes & <6 feet)**

Quarantine for 14 days following date of last exposure

- Contact health department with any questions
- Monitor for symptoms. Take temperature twice a day
- Notify Primary Care Provider if symptoms develop

## PERSON D

**Any person who has had exposure to Person B before quarantine**

No quarantine or action required unless: Person B develops symptoms or tests positive and Person D had contact with them in the 2 days before then:

- Contact Primary Care Provider
- Contact Health Department with questions regarding timing and exposure

**Isolation** separates infected people with a contagious disease from people who are not sick.

**Quarantine** separates and restricts the movement of people who were exposed to a contagious disease to see if they become sick.

**Close Contact** defined as anyone who was within 6 feet of an infected person for at least 15 minutes starting from 48 hours before the person began feeling sick or tested positive.