An Engaging Education

High Mowing School prepares children for a lifetime of learning. Students develop the capacities they will need to meet the demands of our ever-changing world and live a joyful, balanced, and fulfilling life. Our broad and comprehensive Waldorf curriculum immerses students in subjects that engage them in an inspiring learning experience.
Child-Centered Approach
Our educational approach supports balanced physical, intellectual, social, and emotional development.

We value and foster the unique joys of childhood: the time needed for friendships to develop, the awe experienced in nature, the unhurried discovery of the world in all its facets.

Since 1919, Waldorf schools have expanded to span the globe and form a strong network of shared traditions. Yet every Waldorf school is unique: at High Mowing, we draw our character and vitality from our gorgeous setting in the heart of southern New Hampshire. Our students are embraced by the distinctive architecture of our school. Our campus’ natural beauty is conducive to a slowed-down pace where appreciation and care are valued.
Waldorf Education Grows with Your Developing Child

Our early childhood program offers an imaginative and active first school experience for children and families, setting the foundation for lifelong learning. Nature-based education lies at the heart of our approach: our 300 acres of forest and farmland provide countless opportunities for immersive learning. A consistent daily rhythm promotes security and trust, and balances children’s need for energetic free play with engaging, structured activities.

Indoor activities such as making bread and chopping vegetables for lunch engage young children in meaningful activities worthy of imitation. Sharing a meal together around a big, family-style table is a favorite part of the children’s day. Our hearty, healthy menus allow children to partake of delicious options, and special diets are always accommodated.

Teacher-led circle time includes seasonal songs, stories, and puppets to spark the children’s imagination. Our beautiful classrooms, equipped with a carefully curated collection of simple toys made from natural materials, set the stage for joyful, imaginative play. Children are inspired to learn about the world and to develop skills and relationships that support their unique, individual pace. At High Mowing, children are allowed to reclaim the full extent of their childhood.
Parent & Child Program

Up to age 3.5: Nurturing the youngest children and their caregivers in a warm, homelike environment, our popular Parent & Child classes provide opportunities to meet other parents and caregivers, learn about Waldorf education, share parenting and educational questions, and engage in an enjoyable activity with your child.

Sessions are available in the fall, winter, and spring. Parents, grandparents, and caregivers are invited to join us in dynamic and enriching sessions.

Please visit pinehill.org/parentchild for the current schedule.

Program highlights:

• Explore surroundings and senses in a safe and beautiful play space
• Share community, friendship, and support
• Develop imaginative play through household activities, songs, and outdoor play
• Circle time with stories, songs, and puppets
• Outdoor play in our nature-based play yard
Mixed-Age Kindergarten
Ages 2.5 to 6: Our play-based preschool-kindergarten program nurtures each child’s imagination through songs, stories, artistic activities, and free play. Outdoor investigations, nature walks, and gardening inspire the children to appreciate the joy and beauty of the natural environment. Our expanded age range provides children with varied social options and offers opportunities for rites of passage as each child grows older. Half-day and full-day options are available and include lunch. We offer two, three, or five days per week.

Program highlights:
• Build, climb, create, and explore in the natural beauty of our forest playground
• Walk to the neighboring farm to greet the animals and collect vegetables
• Share wholesome meals around our table
• Learn through songs and stories during daily circle time
• Develop sensory integration and fine and gross motor skills through daily activities
Our Students Love Learning

Our Waldorf curriculum safeguards the children’s innate enthusiasm for discovery, and promotes an age-appropriate approach to learning. Every aspect of the curriculum introduced in each grade is based on the knowledge of how the child’s inner life is unfolding at that stage.

Our academic work is enhanced by rich artistic experiences that allow for wonder and foster depth of learning. In our indoor and outdoor classrooms, core academics—science, math, social studies, and humanities—are filled with multi-sensory experiences and artistic activities to inspire and meet a variety of learning styles.

Nearly 100 years after its founding, Waldorf education’s tenets are increasingly validated by neuroscience as fundamental to effective and lasting learning: holistic, nature-based, and rich with play. An emphasis on all three is consistent with how we know the brain learns best. Building on more than 75 years of experience, High Mowing gives students the activities they need to make this a daily reality.

Our faculty and staff members are committed to building strong and lasting relationships with each student and their family. As is customary in Waldorf schools, class teachers move with students through multiple grades, while subject teachers work with students across grades. These relationships provide stability and security for the child and a long-term partnership with families in support of each child’s individual character.

A High Mowing education gives children the chance to experience childhood at its best: a time filled with wonder and discoveries, friendships, and community; a pace that respects their natural unfolding; a place that prepares them well for their unique future, yet protects them from the excesses of today’s world.
Outdoors, Every Day

Our students experience the outdoors every day—rain, shine, or snow! After focused classroom time, it is crucial for children to move, socialize, and get a good dose of fresh air. Our campus includes six playgrounds, an apple orchard, a pond, and trails that connect us to local farms and conservation land.
Integrated, Experiential, Relevant Lesson Blocks

Spanning the first two hours of the school day, morning lessons include activities to awaken the mind and the senses through movement, song, recitation, mental math, and review of the previous day’s work. Organized into rigorous and thought-provoking blocks, learning is interdisciplinary. Lessons focus on a single theme for three or four weeks to strengthen students’ focus, retention, and ability to explore a subject in depth.

Class teachers create each morning lesson block to promote multi-sensory experiences: poetry, painting, field trips, and independent projects allow students to experience, then conceptualize. Student learning is scaffolded: simple concepts are introduced, evolving to become increasingly complex and connected. Students are supported and guided to analyze, evaluate, and create new ideas and understanding. Teachers present new material through image-rich stories, and guide students in creating their own textbooks, filled with age-appropriate text and colorful illustrations.

All lessons include song, poetry, art, movement, and storytelling to inspire a passion for learning. Combined with the children’s strong connection with their teachers, this approach eliminates the need for competitive testing and behavioral rewards to motivate learning. Students learn through experiences that feed their senses, foster their creativity, and impart a global perspective to their thinking. Everything—from the introduction of the alphabet to the Pythagorean Theorem—is taught with depth and relevance.

A Waldorf education is a social education. In our community of learners, teachers help students develop academically, socially, and emotionally. We celebrate each other’s strengths and are kind when others experience challenges. We work collaboratively to support everyone’s success.
Inspiring Subject Classes

Our interdisciplinary approach weaves movement and art throughout the day, yet we also provide time to focus on specific subjects during morning lesson blocks and subject classes.

Children are deeply engaged in activities that promote originality, connectedness, and resilience through developmentally appropriate lessons. Students practice movement, world languages, handwork, movement, singing, recorder, string instruments, and performing arts in an environment that inspires them to do their best.
Enriching Festivals and Community Life

Our annual community festivals and celebrations follow the rhythm of the seasons and provide opportunities to gather as a community, celebrate life’s beauty, and reflect on our values.

Festivals are an important part of our school life where we cultivate awareness, gratitude, and reverence. Families and friends, who play an integral role in our school community, are invited to celebrate with us.

We appreciate deep connections with our neighbors and our world. Our closest neighbors include our high school campus, the biodynamic Temple-Wilton Community Farm, and the Hilltop Cafe, serving farm-fresh food. Together, our community nurtures the minds and bodies of children and families. We invite you to join us.
Where Will a High Mowing School Education Take Your Child?

A profound and thoughtful educational foundation, a strong sense of self-awareness and personal responsibility, and a commitment to others and community: High Mowing School’s students are uniquely prepared to succeed in higher education and life.

Colleges and universities are keenly interested in our students because of the breadth and depth of their academic preparation and the rich variety of their experience in the arts, drama, music, and extracurricular activities. Our students’ imagination, sense of belonging, and resilience are highly valued beyond our school community.

Take the first step and connect with us.

highmowing.org
admissions@highmowing.org
(603) 654-2391
Our stunning Pine Hill campus provides a warm and dynamic learning environment for our early childhood, elementary, and middle school programs. Perched atop Abbot Hill in close proximity to our high school, nature’s beauty surrounds us with woods to explore, wide open spaces to run, and fresh air to breathe. From our main school building to our play field, students enjoy an idyllic setting in which to learn and grow.
We educate our students to seek truth and fulfill their highest potential, to impart meaningful purpose to their lives and to contribute courageously to the positive development of the world.