Dear Parent/Guardian,

The Marymount School is currently implementing an innovative program for our student-athletes. This program will assist in the evaluation, treatment, and management of head injuries (e.g., concussion). In order to better manage concussions sustained by our student-athletes, we have acquired a software tool called ImPACT (Immediate Post Concussion Assessment and Cognitive Testing). ImPACT is a computerized exam utilized in many professional, collegiate, and high school sports programs across the country to aid in the assessment and management of concussions. If a student-athlete is believed to have suffered a head injury during competition, ImPACT is used to help determine the severity of head injury and when the injury has fully healed.

The computerized exam is given to each student-athletes prior to their sport season as a baseline measure of neurocognitive function. This non-invasive test is set up in a “video-game” type format and takes about 15-20 minutes to complete. It is simple, and actually many athletes enjoy the challenge of taking the test. Essentially, the ImPACT test is a preseason physical of the brain. It tracks information such as memory, reaction time, speed, and concentration.

If a concussion is suspected during the sport season, the athlete will then re-take the test. Both the pre-season and post injury test data is given to the student-athlete to take for a follow-up visit with a licensed physician, to help evaluate the injury. The information gathered can also be shared with your family doctor. The test results will assist the licensed physician to determine when return to play is appropriate and safe for the injured student-athlete. If an injury of this nature occurs to your child, you will be promptly contacted with all the details.

I wish to stress that the ImPACT testing procedures are non-invasive, and they pose no risks to the student-athlete. The Marymount School administration and athletics staff strive to keep your child’s health and safety at the forefront of the athletic experience. Please return the attached page with the appropriate signatures. If you have any further questions regarding this program please feel free to contact the Marymount School Department of Athletics at 212-744-4486 Ext. 8631 or 8614.

Sincerely,

Kristina Califano, ATC