

December 2019

Albany Academy Lunch

MONDAY

2

- Soup**
- Vegetarian Minestrone
- Entree/Sides**
- Stuffed Shells
 - Green Beans and Cherry Tomatoes

TUESDAY

3

- Soup**
- Vegan Split Pea Soup
- Entree/Sides**
- Honey Baked Brown Sugar Ham
 - Roasted Potatoes
 - Steamed Carrots

WEDNESDAY

4

- Soup**
- Vegetable Soup
- Entree/Sides**
- Chicken Parmesan
 - Pasta
 - Roasted Broccoli

THURSDAY

5

- Soup**
- Mushroom and Barley Soup
- Entree/Sides**
- Beef Lo Mein
 - Steamed Peas

FRIDAY

6

- Soup**
- Cream of Chicken Soup
- Entree/Sides**
- Cheese Pizza
 - Pasta
 - Sautéed Spinach

9

- Soup**
- Tomato Soup
- Entree/Sides**
- Sausage and Pepper Sandwich
 - Baked Tater Tots
 - sautéed peppers and onions

10

- Soup**
- Southwestern Pork, Bean Soup
- Entree/Sides**
- Mexican Lasagna
 - Steamed White Rice
 - Roasted Tomatoes

11

- Soup**
- Creamed Spinach
- Entree/Sides**
- Penne Pasta
 - Meat Sauce
 - Bread Sticks, Parmesan
 - Roasted Cauliflower with Garlic

12

- Soup**
- Cajun Ham and Bean Soup
- Entree/Sides**
- French Toast
 - Pork Breakfast Sausage Patty
 - Scrambled Eggs
 - Honeydew

13

- Soup**
- Potato, Jalapeno, Cheddar Soup
- Entree/Sides**
- All Beef Hot Dog
 - Potato Chips
 - Sautéed Kale

16

- Soup**
- Broccoli, White Bean, Cheddar Soup
- Entree/Sides**
- Lemon Pepper Rotisserie Chicken
 - Steamed White Rice
 - Roasted Tomatoes

17

- Soup**
- SW Chicken Barley Soup
- Entree/Sides**
- Pasta Primavera
 - Peas and Carrots

18



Chef's Choice

19



Chef's Choice

20



Chef's Choice

23



Holiday Break - No School

24



Holiday Break - No School

25



Holiday Break - No School

26



Holiday Break - No School

27



Holiday Break - No School

30



Holiday Break - No School

31



Holiday Break - No School

Daily Offerings: All you can eat Salad Bar , Deli Bar , Seasonal Fresh Fruit , 100% Juices , Local Low Fat and Fat Free Milk , Waterworks, infused waters , IF YOU HAVE A FOOD ALLERGY, PLEASE SPEAK TO THE CHEF , Chicken Noodle Soup

More Details: aa.flikisdining.com/menu/albany-academy-for-boys/lunch/

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Dietary information is presented as a guide only. If you have allergies, dietary restrictions, or a food-related medical condition, you should consult with your doctor and with the staff at your dining location(s) before consuming any food marketed on this platform.

Please note: A caution symbol indicates that there may be unknowns about a product in a particular recipe, whether regarding the facility in which it is produced or practices in the manufacturing process. As is always advised, please consult with the manager/chef with questions and concerns. We will review the safe, available options and work to accommodate you.

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