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April 9, 2020

Dear Montrose Families,

Today we enter into the most sacred season of the year with rites steeped in ancient tradition and Scripture. At this unprecedented time, when we are unable to attend our church services, consider traveling back in time and around the globe to learn more about



the history and meaning of the Paschal Triduum. For example, you could join a <u>virtual</u> <u>pilgrimage to seven churches around the world</u> tonight and attend <u>services in Rome with</u> <u>Pope Francis</u>.

Whatever your faith tradition, you may appreciate taking some time to pray and make sense of the greatest mystery of humankind. Our chaplain Fr. John Grieco has a beautiful podcast meditation, <u>Lessons from the Cross: What to Do With Suffering</u>, to help you do just that.



Here at Montrose, our community never ceases to amaze me. Their ability to press pause and reflect, stay agile and recalibrate has never been more apparent. I encourage you to put your earbuds in, take a walk and listen to our most recent podcast, <u>Building Community</u> <u>During Coronavirus</u>, featuring students, teachers and coaches sharing their stories. You will understand why a

parent sent me this delightful sign pictured left and wrote, "This reminds me of Montrose right now." Even in a pandemic, our students and faculty aim for greatness.

It was a joy to see so many of you last week, as we met over Zoom to explore how we might "Navigate the New Normal with Peace and Perspective" -- I hope you find some of the ideas in this recording resonant or helpful.

We are thinking of you and your families this weekend -- especially those of you who are caring for the sick at home. Some of you have experienced loss. Others of you are fighting this pandemic -- as nurses, doctors, researchers, healthcare professionals, first responders and essential workers. Please know we are holding each of you in our hearts and prayers.



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May the saving power of Christ's love and victory over death renew your hope and faith this Easter season.

Warmest regards,

Karen E. Bohlin, EdD

Head of School

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