9 things you can do to prepare for returning back to school

1. **Practice Hand Hygiene**
   - Often throughout the day.
   - Teach them to sing their ABCs or have them count for at least 20 seconds ensuring they wash front, back, & in-between their fingers.

2. **Practice Putting Mask On/Off.**
   - Your child will be required to wear a mask at all times.
   - Teach them to not touch the inside of their mask when taking it off.

3. **Practice 6ft of Distance.**
   - Measure the distance on the floor.
   - Consider temporarily laying pieces of paper down for a visual.

4. **Purchase a Thermometer**
   - Check your child’s temperature every morning.
   - If 100.0 or higher, they must remain home.

5. **Update Immunizations/Physical.**
   - Each are required to enroll for the school year especially if your child’s annual physical has expired.
   - Contact your child’s pediatrician for an appointment.

6. **Change Aerosolized Medication.**
   - Inhalers without a chamber cannot be administered in school.
   - Nebulizers are not permitted.
   - Speak with your child’s pediatrician to obtain the proper equipment & to update the Asthma Action Plan.

7. **Purchase a Reusable Water Bottle**
   - to be brought to school. Water fountains will only provide the bottle filling option.

8. **Verify/Update Emergency Contacts in Magnus Health.**
   - If your child presents with COVID-like symptoms, they will be placed in a nurse monitored isolation room and will need to be picked up as soon as possible. Please ensure a contact can be reached at any given time.

9. **Stay Informed.**
   - Educate yourself from reliable sources such as the CDC, NYS and NYC Departments of Health, and the Collegiate School website.