Summer Literacy 2019: PART B

WELLNESS AND MENTAL HEALTH ACTIVITY

Student Name: ________________________________

Date Submitting: ______________________________

Describe your Proposed Wellness/Mental Health Activity:

Explain how this activity makes you a healthier individual or community member:

How might you and your sponsor assess if you have achieved the goals you set above:

Signature of Campus Sponsor / Adult Member of the Proctor Community who:
  ● supports the above statements AND
  ● is knowledgeable enough to evaluate my activity in the Fall.

Signature: _______________________________________

Printed Name of Sponsor: __________________________

_________________________________________________