

# Covid-19 Symptom Scenarios

Due to the widespread and highly contagious nature of COVID-19 disease in both symptomatic and asymptomatic people, the following guidelines will be instituted for the PTS community members that fall into any of the following scenarios.

# Sick with symptoms (includes failed health check)

- Inform the nurse that you are sick with symptoms and the results of a positive or negative test.
- Individual must be seen or be consulted by a doctor within 24 hours to rule out COVID-19.
- Based on doctor's discretion, individuals should take the SARS-COV2 PCR test.
- Quarantine while waiting for test results.
- Contact the school's nurse with your doctor's recommendations before returning to school.

#### **Tested Positive +**

#### MAY RETURN TO SCHOOL WHEN

- Isolate for 10 days from the test date
- Symptoms have improved
- No fever for at least 24 hours without fever reducina medicine

# **Tested Negative -**

#### MAY RETURN TO SCHOOL WHEN

- Individual has a doctor's note saying that you are not contagious and your illness is not COVID-19 related

### **Tested Positive + with or without symptoms**

- Consult with doctor and take SARS-COV2 PCR test.
- Inform the nurse that you are sick with symptoms and the results of a positive or negative test.

### MAY RETURN TO SCHOOL WHEN

- Isolate for 10 days from the test date
- No fever for at least 24 hours without fever reducing medicine
- Symptoms have improved

# Have been in close contact\* with someone who tested positive for COVID-19

- Consult with doctor.
- Inform the nurse if you are sick with symptoms and the results of a positive or negative test.

#### **Tested Positive +**

#### MAY RETURN TO SCHOOL WHEN

- Isolate for 10 days from the test date
- No fever for 24 hours without fever reducina medicine
- Symptoms have improved

# **Tested Negative -**

#### MAY RETURN TO SCHOOL WHEN

- Quarantine for **10 days** from the date of exposure and take a PCR test on the 8th or 9th day. Provide results of a negative test to the nurses office. Once approved by nurse, return to school on the 11th day. If no PCR test is taken, the individual must guarantine for **14 days**, returning the 15<sup>th</sup> day.

\*Close contact is defined as having been closer than 6 feet for longer than a cumulative of 15 minutes with or without a mask in the period beginning 48 hours prior to the onset of symptoms or the test. The School will proactively inform parents of the possible exposure when this scenario takes place.

# International Travel (within the past 14 days), Domestic Travel that did not consistently observe social distancing or mask-wearing guidelines, and Social Gatherings (10 or more) that did not consistently observe social distancing or mask-wearing guidelines:

- Consult with a doctor and take SARS-COV2 PCR test 5-7 days after end of travel or gatherings.
- Inform the nurse that you are sick with symptoms and the results of a positive or negative test.

#### **Tested Positive +**

#### MAY RETURN TO SCHOOL WHEN

- Isolate for 10 days from the end of travel
- Symptoms have improved
- No fever for at least 24 hours without fever-reducing medicine

# **Tested Negative -**

### MAY RETURN TO SCHOOL WHEN

- Quarantine for 7 days from the end of travel