Welcome to TCA’s Spring Sports Clinics after school! Now that the weather looks a bit more promising and predictable, some of the finest members of the TCA coaching staff will provide students with the opportunity to discover new interests, develop specialized skills, and have fun during the months of March and April.

Please sign up online through the Enrichment Classes link on the TCA Resource Board by no later than one week prior to the start date of the class (see dates listed below). You will receive an email prior to the start of your class confirming your registration. There is always a chance that a class may not run if we do not have enough students enrolled. Email communication will occur prior to the first scheduled class if a particular session needs to be cancelled due to low enrollment. On the other hand, some classes fill up very quickly. For this reason, registration is on a first-come, first-served basis. Families are required to create an account through Care.com and the enrollment fee up-front using a credit/debit card as part of the registration process.

**Please note, some classes do not begin immediately after the regular school day ends. If the class your child is attending requires him/her to use TCA’s general after-school care program, you will be charged at the regular rate for the use of this service.

Contact Justin Zappia at jzappia@trinitychristian.org with any questions.

**MONDAYS**

**SOCCER SKILLS**
**GRADES 1-4 (Instructor: Coach Zach Lloyd)**
Do your kids love soccer? Sign them up for after-school soccer clinics this fall, and they will spend time with highly qualified coaches, improving their soccer skills in a healthy and fun environment. The clinic aims to improve your child’s ball skills with fun and competitive games that will challenge him/her while helping your child learn and understand the game better.*This class needs a minimum of 10 children to run.

*Grades 1-4: Mondays 3:15-4:30 (MS Soccer Fields)
6 sessions: March 23, 30; April 6, (skip 13), 20, 27: May (skip 4), 11
Cost: $200
TUESDAYS

TCA DRIBBLERS LEAGUE & SKILLS (Girls only)
GRADES K-2, entry level 3rd (Instructor: Elizabeth George)
These sessions will focus on teaching basketball fundamentals and teamwork to girls in a fun environment. The players will be divided into teams and coached through practices and scrimmages by TCA upper school, varsity players. Basic game concepts, shooting form, passing, rebounding, defensive strategies, and teamwork will all be covered throughout the six sessions.
Grades K-2, and entry level 3rd  Tuesdays 3:00-4:15 (MS Outdoor Basketball Court)
6 Sessions: March 10, 17, 24, 31; April 7, (skip 14), 21
Cost: $180

WEDNESDAYS

LOWER SCHOOL GIRLS VOLLEYBALL SKILLS
GRADES 1-4 (Instructors: Kristina Spears and TCA varsity volleyball player Caroline Spears)
Serve it up with us and discover how fun and exciting volleyball can be! This skills class will maximize fun by including an exciting mix of instruction, drills and games to develop the fundamental volleyball skills of passing, setting, serving and hitting. Whether your child is a beginner or has already played in a league, this is a great way to further develop her skills. This class would be a great skills “add-on” for young volleyball teams. Girls will be divided by skill level. *This class needs a minimum of 10 children to run.
Grades 1-4: Wednesdays 3:00-4:00 (MCB Gym)
6 Sessions: March 18, 25; April 1, (skip 8), 15, 22, 29
Cost: $180

LOWER SCHOOL GOLF SKILLS
GRADES 2-4 (Instructor: Mark Maness from Highlands Performance Golf Center)
With an emphasis on fun, we will focus training on holding the club, how to aim, and making small, mid, and full swings will be the focus for this group which includes beginners, and those with some experience with the game.  This group will utilize SNAG® Golf (Starting New at Golf) equipment which allows new learners to play the game, practice what is learned and then go play again. SNAG Golf equipment uses specially designed equipment helping the beginner progress through the learning curve faster and more effectively.  We will incorporate some hand eye coordination development activities as well. *This class needs a minimum of 6 children to run and has a maximum enrollment of 12.
Grades 2-4: Wednesdays 3:15-4:15 (TCA green space TBD)
6 Sessions: March 18, 25; April 1, (skip 8), 15, 22, 29
Cost: $205

THURSDAYS

MIDDLE SCHOOL GOLF SKILLS
GRADES 5-8 (Instructor: Mark Maness from Highlands Performance Golf Center)
This is a developmental program designed to prepare for or enhance the student’s skills necessary to compete at the game of golf.  We will focus on full swing fundamentals, short game skills, putting and basic athletic development.  It is our belief that developing skills such as hand eye coordination or
proper pre-practice/play stretching will enhance the student’s ability to learn the game. Each session will have three sections. 1. Full swing development, 2. Short game or putting, 3 Athletic development. Games will be used to encourage short game/putting development, while drills will be used to improve full swing technique. Students will be transported to the HPGC by a TCA employee by van. Parents must arrange to pick their children up at the HPGC no later than 5:00. *This class needs a minimum of 6 children to run and has a maximum enrollment of 11.

**Grades 5-8:** Thursdays 3:30-5:00 (Program runs AT Highlands Performance Golf Center)

6 Sessions: March 19, 26; April 2, (skip 9), 16, 23, 30
Cost: $215

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**FRIDAYS**

**TENNIS TRAINING**

**GRADES 1&2; GRADES 3&4; GRADES 5-8; (Instructor: TCA Coach Lance Hagan and TCA Players)**

TCA is excited to offer tennis classes for lower and middle school students during the spring. Come learn the fundamentals of tennis with interactive drills, live ball point play, agility and hand-eye prep. Enjoy an hour of fun and fitness at the TCA courts as we use a variety of low compression balls and the right equipment for your child’s developmental level. We look forward to seeing you on the courts! *This class needs a minimum of 10 children per grade level grouping to run and has a maximum enrollment of 24 for grades 1&2, 30 for grades 3&4, and 36 for grades 5-8.*

**GRADES 1&2:** Fridays 1:45-2:45 p.m. (TCA Courts)
**GRADES 3&4:** Fridays 1:45-2:45 p.m. (TCA Courts)
**GRADES 5-8:** Fridays 3:00-4:00 p.m. (TCA Courts)

6 Sessions: March 27; April 3, (skip 10), 17, 24; May 1, 8
Cost: $200