

RELATIONSHIPS IN THE LIFE OF



Adolescents

PARENT
Coffee



Eliza Monteverdi

Monteverdi has a private practice in Westlake Village where she provides psychotherapy for adolescents, adults, and families and runs recovery groups. She specializes in helping individuals and couples recovering from the betrayal as a Certified Partner Trauma Therapist. She enjoys working with clients who want to improve their relationships & communication, establish healthy boundaries, self-esteem issues, addiction, trauma, highly sensitive people, and Christian/Faith related support.

In this parent coffee, she will be addressing the importance of relationships in the life of adolescents. Everything from helping your child navigate relationships (both romantic and friendship), strengthening the parent-child relationship, making friends, processing a relationship ending, and creating open dialogue at home.

Licensed Marriage and Family Therapist

Feb. 16 | 9:00am | Disciples Chapel