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Any and all references made herein to CIF rules and regulations should be reviewed by the reader and should not used to substitute the reader’s understanding of the rules as stated in the CIF’s official rulebook.

The policies listed in this handbook may be updated from time to time. It is the responsibility of each student and parent to review these rules periodically to ensure compliance.
1.0 OVERVIEW OF ATHLETICS PROGRAM

Parker Athletics has a proud history of success. This past year, Parker teams won a state title in Girls Volleyball and a CIF Title in Girls Cross-Country. Since 1973, the Lancers have won nine state championships, 84 CIF titles and 145 league championships.

With 23 Upper School and 13 Middle School teams and individual sport programs, student-athletes enjoy a unique mix of learning, teamwork, leadership, social interaction and competition.

Parker’s no-cut policy means that all students who want to participate in athletics will make a team. We encourage students to explore the numerous participation opportunities that are available so that they may develop a lifelong passion and understanding of sports and physical well-being.

1.1 Mission Statement

At Francis Parker School, we believe that athletic participation is an integral and valuable component of our students’ overall educational experience. We educate student-athletes by providing participation opportunities in various sports and promoting the well-being of student-athletes. Through their participation, our student-athletes develop the skills necessary to help them in the classroom, in college and "as far as the mind can see."

We accomplish this in three ways: First, we ensure that our coaches understand that they are educators. Second, our student-athletes understand that participation in athletics is a privilege, not a right, and they exhibit the behavior of model citizens. Third, and most important, the athletic department strives to be a source of pride for our students, the school and the community.

1.2 Student-Athlete Standards of Conduct

Student-athletes at Parker are expected to conduct themselves in a manner that best represents their team and the School while being productive members of both the campus and the surrounding community. It is their responsibility to exhibit behavior that enables them to make the most of the academic and athletic opportunities afforded to them.

Participation in athletics is a privilege, not a right; student-athletes are subject to NFHS and CIF rules and regulations. To earn and maintain that privilege, all student-athletes are expected to uphold at all times high standards of integrity and behavior to reflect well upon themselves; their families, coaches and teammates; and the Athletics Department.
Student-athletes are expected to abide by all rules and regulations of Parker and the CIF. Failure to do so may result in suspension from the team or from the School. Student-athletes as citizens of Parker and the surrounding community are expected to abide by federal and California state laws. It is expected that the behavior of student-athletes shall at all times reflect the high standards of honor and dignity that characterize participation in athletics at Parker; student-athletes may be subjected to Athletics Department discipline for such acts that violate the Student-Athlete Code of Conduct, regardless of where and when the acts are committed and regardless of whether any other disciplinary or legal action is taken against the student-athlete.

General student-athlete and academic responsibilities include but are not limited to the following:

- Knowing, understanding and following School rules and regulations as outlined in the School Student Handbook and the Student-Athlete Conduct Code;
- Obeying all federal and state laws;
- Striving to graduate from high school;
- Attending all scheduled classes and completing all academic assignments;
- Informing instructors ahead of time of all expected absences due to official athletic events;
- Taking proper care of equipment, facilities and athletic uniforms;
- Attending all scheduled practices unless excused by the coaching staff or in case of a class conflict;
- Abiding by all team, Athletics Department and CIF rules;
- Treating officials and opponents with respect;
- Avoiding undue confrontations during athletic contests;
- Maintaining control during emotionally charged situations; and
- Reacting in a positive manner to an aggressive action by an individual or group (an opposing crowd, taunting by opponents, etc.) and bringing it to the coach’s attention.

1.3 Parent/Guardian Standards of Conduct (See School’s enrollment agreement)

Parker believes that a constructive working relationship with all parents and guardians is essential to the fulfillment of its mission. To this end, Parker strives to maintain close communication with parents at all times so that there is partnership between parents and Parker in the mutual education process. Forming such a partnership requires mutual trust, understanding and cooperation between you and Parker, as well as support from you for Parker’s mission, programs, faculty and staff.

Therefore, Parker reserves the right to remove your student at any time if Parker, in its sole judgment, determines that you (or any other parents or guardians of your student):
• Consistently act or behave in a manner that is deemed not to be in the best interests of Parker or its students;
• Fail to cooperate with members of Parker’s faculty and staff;
• Disregard or fail to abide by Parker’s rules and regulations; or
• Demonstrate an unwillingness or inability to be a positive and productive member of the Parker community.

In such event, there will be no refund or cancellation of the tuition fee, and any unpaid balance is payable in full.

1.4 No-Cut Policy

In keeping with the mission of our school, Parker has a general no-cut policy for its athletic programs. No student will be excluded from participating on an athletic team because of a lack of ability or experience. As a result of off-campus facility constraints that limit the number of student-athletes who can effectively practice, the sports of golf and tennis may, in a given year, cap their number of participants. In advance of the season, Head Coaches will communicate any limits on participation and playing possibilities.

2.0 OVERVIEW OF CIF REGULATIONS

The California Interscholastic Federation (CIF) governs all high school sports in the state of California. The CIF divides the state geographically into 10 sections, and each section is further governed by a local CIF office. Parker is a member of CIF, specifically the San Diego section of CIF (CIFSD).

The CIFSD encourages and assists high school students, through participation in interscholastic athletics, to develop and strengthen values, attitudes and skills that will promote their personal growth as individuals and as members of a diverse society. In addition, its purpose is to cultivate more cordial and friendly relations among schools through good standards of sportsmanship.

The CIFSD administers and conducts varsity-level championship playoffs in 26 sports for the young men and women attending its member schools. The CIFSD is committed to preparing young men and women for a better tomorrow and to working with educators, parents and the community to establish and maintain excellent high school athletic programs.

A student-athlete who participates in athletics agrees to abide by all of the rules established by CIF, CIFSD and Parker. Information contained in this handbook will acquaint you with some of the bylaws and regulations all students must follow in order to protect athletic eligibility. The coach of each sport is responsible for teaching the rules that apply to that specific sport as published by the NFHS and the bylaws of the CIFSD.
The bylaws and standards of the CIFSD were accepted by each school when it became a member of the CIF.

If you have any questions regarding rules and regulations, please contact the Athletics Department for clarification. For more information, please visit www.cifsds.org.

2.1 Transfer Eligibility

Initial athletic eligibility is first established when the student enters Grade 9, regardless of the member school. Students entering Grade 9 must meet all academic and citizenship requirements of the CIF and are subject to local school/board policies in order to participate in CIF high school athletics. Anytime a student moves from one school to another school (School A to School B), the student is considered a transfer student and must be recertified by CIF to re-establish eligibility.

CIF Bylaw 510 (Undue Influence – Recruiting) prohibits any person or persons from securing, retaining or influencing what high school a student attends. There are severe penalties for both the student-athlete and the school if found in violation of this bylaw. The student-athlete penalty could include ineligibility for up to 24 months.

Types of Transfers:

1. A valid change of student residence
2. A transfer without a valid change of residence
3. An involuntary transfer student (when a school/district forces the student to change schools)

The new school (School B) will communicate with the transfer student’s previous school (School A) and work with the parents to complete the necessary forms to ensure eligibility. When making a choice to transfer, a family must consider all of the consequences and understand their rights and obligations under the CIF’s bylaws.

When a student transfers schools (changes from School A to School B) regardless of the reason for the change, the new school (School B) must take steps to ensure the athletic eligibility of the transfer student. These steps will include but are not necessarily limited to:

The new school’s Athletic Director must determine if the student is academically eligible and has made a valid change of residence.

The new school’s Athletic Director shall review whether the student made a valid change of residence by following the process of its respective CIF Section for a “Valid Change of Residence.”
The new school must also verify that the student has met the academic requirements of the school and CIF.

The new school (School B) and the prior school (School A) must verify there was no “undue influence.”

The new school (School B) must verify that there are no pending school discipline issues existing at the prior school (School A) that could jeopardize the student’s eligibility at the new school; that the move (by voluntary transfer or change of residence) did not occur either to avoid discipline or pending discipline; or that the move was involuntary due to discipline issues.

The Athletic Director/administrator at the new school (School B) must also verify with the former school (School A) that the transfer was not motivated by athletic reasons.

ALL TRANSFER STUDENTS MUST CONSULT WITH THE ATHLETIC DIRECTOR ONCE THEY BECOME OFFICIALLY ENROLLED WITHIN FRANCIS PARKER SCHOOL.

3.0 PARTICIPATION FORMS & PHYSICAL EXAMINATIONS

Each student must complete a series of forms in order to be granted participation privileges by the Athletics Department. These participation forms may be accessed with parent login credentials and must be submitted to the Athletics Department prior to participation. Additionally, all students must be evaluated by a physician and receive formal approval from that physician that they are physically capable and prepared to participate in high school athletics. Physicals are good for one calendar year.

To compete in an interscholastic contest or scrimmage in the CIFSD, a student must be on the team’s official roster and have five (5) practice sessions with the coach/team.

4.0 SCHOLASTIC ELIGIBILITY

Students who receive grades that make them ineligible as per Parker and CIF guidelines will be ineligible until the day grades are posted for the subsequent trimester. If the student has met or surpassed eligibility standards at that time, he or she will be allowed to fully participate.

Students ineligible at the end of the school year (based on their final grades) will remain ineligible until the end of the first trimester of the following school year, at which time ineligibility will be reviewed.
Student-athletes should not change a course schedule or drop a course without first consulting with the Athletic Director and their grade level dean and/or college counselor to determine whether the change will affect athletic eligibility.

A student becomes scholastically eligible if they meet all of the following requirements:

- The student is currently enrolled in the equivalent of at least 20 semester credit hours, and;
- The student passed the equivalent of at least 20 semester credit hours of work at the completion of the previous semester/trimester, and;
- The student is maintaining minimum progress toward meeting the high school graduation requirements as prescribed by the School, and;
- The student has maintained during the previous grading period a minimum of a 2.0 grade point average (unweighted) on a 4.0 scale in all enrolled courses.

A student becomes ineligible when one of the following occurs:

- A student receives two D’s, one F or one U on a trimester grade report. Ineligibility becomes effective the Monday after grades are submitted and will last until the Monday after grades are submitted for the ensuing grading period. (Note that eligibility for fall athletics is determined by grades from the third trimester of the previous school year.)
- A student receives an Inc. (incomplete) on a trimester grade report. Ineligibility becomes effective the Monday after grades are submitted and lasting until the incomplete is resolved.
- A student’s GPA falls below 2.0 for the previously completed trimester. Ineligibility becomes effective once grades are posted and lasts until the completion of the next grading period and when the student achieves a GPA of 2.0 or higher.

A student may also become temporarily ineligible due to poor citizenship or failure to meet other school requirements. This ineligibility will remain in effect until all issues have been resolved.

Please consult the Upper School Handbook for more information regarding co-curricular activities.

4.1 Academic Preparedness & Planning

All student-athletes are encouraged to meet with their grade level deans, instructors and college counselors (Grade 11 and Grade 12 students) at the beginning of each trimester to plan and review their schedules. Parker Athletics tries to minimize missed class time whenever possible. However, there are times when our teams will have to travel to off-campus facilities that necessitate missing class or leaving school early. When this occurs, notices will be communicated in advance either via the school calendar or student email.
All game and practice schedules will be communicated in advance to all participants. During the season, students should plan to complete projects and assignments outside of practice. As such, all student-athletes should plan, prioritize and communicate their assignments and obligations with their coaches and teachers accordingly. It is also important to note that when a student-athlete misses a practice or game, it affects the entire team.

If there is an unavoidable conflict involving athletics and academics, academics always take priority. However, consequences for missing practices, tournaments or games may still result. Student-athletes must recognize the demands that athletic participation places on academics and make the appropriate choices.

4.1.1 Early Release from Class

It is the responsibility of student-athletes to communicate with their teachers before they depart because of an athletic contest. Student-athletes with an early release time should remind their teacher of this before class on the day of the event. Student-athletes are responsible for any and all work and tests missed due to an early release. Student-athletes are not permitted to leave class prior to a release time. It is a privilege to leave school early to participate in athletics.

4.1.2 Participation Expectations

Athletic teams will usually practice weekdays, Monday through Friday. Some teams will also hold Saturday practices. Student-athletes must commit to attending at least 90 percent of their practices and games to receive PE credit. An athlete should always consult his or her coach before missing practice and leaving campus. Missing practice or a game without good reason will be dealt with according to each coach’s individual rules. Illness or a family emergency constitutes a valid reason for missing a practice or a game.

Student-athletes are encouraged to do their best not schedule college visits during their season of sport. In any circumstance, however, it is expected that the coach will be notified in advance. Communication with coaches must be a priority.

4.2 Semesters of Attendance

A student who first enters Grade 9 of any school following the student’s completion of Grade 8 in any school may be eligible for athletic competition for a maximum period of time that is not to exceed eight consecutive semesters following the initial enrollment in Grade 9. Any school eligibility must be used during the student’s first eight consecutive semesters of enrollment at that school or any other school.
A student may only participate in four (4) seasons of any sport.

No student may compete under an assumed name or provide false or fraudulent information regarding athletic eligibility. Any student who provides false information in order to achieve athletic eligibility will be ineligible in all interscholastic athletic competition for a period of up to 24 calendar months from the date the infraction is verified.

4.3 Competition on an Outside Team

A student on a high school team becomes ineligible if the student practices or competes in a contest on an “outside” team in the same sport, during the student’s high school season of sport. This includes club teams. See CIF Rule 600.

5.0 OTHER EXTRACURRICULAR INVOLVEMENT

5.1 Conflicts with Outside Club Teams

Any participation with Parker Athletics takes precedence over all other outside athletic activities. If conflict occurs, the high school event shall come first. Athletes need to make sure their participation in outside club sports in no way negatively affects the Parker team on which they are participating, or they may be asked to leave that team.

5.2 Conflicts with Other On-Campus Extracurricular Activities

An individual student who attempts to participate in too many extracurricular activities will, undoubtedly, be in a position of conflict of obligations. The Athletics Department recognizes that each student should have the opportunity for a broad range of experiences in the area of extracurricular activities, and to that end, will attempt to schedule events in a manner so as to minimize conflicts.

Students have a responsibility to do everything they can to avoid conflicts. This includes being cautious about committing to too many activities where conflicts are bound to happen. It also means notifying the staff members involved and communicating immediately when a conflict does arise.

The student-athlete will be responsible for contacting those involved and developing a solution so that he or she learns to prioritize should a conflict arise. Once the decision has been made and the student-athlete has followed that decision, he or she should tell the coach. If it becomes obvious that a student-athlete cannot fulfill the obligation of a
school activity, he or she should withdraw from that team. Examples of conflicts include family obligations, vacations, in-class exams and college visits.

5.3 Dropping or Transferring Sports

On occasion, an in-season athlete may find it necessary to drop out of a sport. If this is the case, the following procedure is suggested.

1. Talk with the Head Coach.
2. Report the situation to the Athletic Director.
3. Return all equipment and uniforms issued to the Head Coach.

Student-athletes who quit their teams or are removed from the team by the coach at any time during the season will forfeit any awards and letters they would have received.

6.0 SUBSTANCE ABUSE

CIF and Parker prohibit students from possessing, using, selling or being under the influence of drugs or alcohol at School or at any School-related event. Any student violating this policy will be either suspended or expelled, even for a first offense. Any student found to be possessing drugs or alcohol for the purpose of furnishing or selling to others will be expelled.

Any student exhibiting behavior that creates a reasonable suspicion that the student is under the influence of drugs or alcohol at any School-related activity will be evaluated by the School nurse or a designated administrator and may be asked to submit to a drug and/or alcohol screening test.

“Drugs,” as used in this policy, mean any drug not legally obtainable under federal or state law, drugs that are legally obtainable but have not been legally obtained, marijuana in any form (even when certified by a physician for medicinal purposes), and prescription drugs not being used for prescribed purposes by the person to whom they are prescribed and in the prescribed amounts. It further includes any substance a person holds out to another as a drug.

Tobacco and electronic/vapor cigarettes are prohibited on campus. Possession, consumption or distribution of these on campus during School hours or at School-sponsored events will result in a suspension.

Please review the Upper School Student Handbook for more information.

7.0 ATHLETIC AWARDS & VARSITY LETTERS
Awards and letters are earned by participating on a varsity-level team. In order for a player to letter, minimum standards and requirements must be met. Because of the differences in many sports, each coach will set his or her own award requirements. Student-athletes who quit their teams or are removed from the team by the coach at any time during the season will forfeit any awards they would have received.

A varsity letter and sports-specific pin will be awarded to each student-athlete the first year he or she letters. During each subsequent year that the student-athlete letters, he or she will receive an additional pin. Individual sports may also issue a variety of other awards to varsity athletes at the discretion of the Head Coach.

**7.1 CIF Patches**

CIF Championship emblems, patches or medals will be provided to all student-athletes on a team that has won the CIF Team Championship of that sport, provided that the athlete has also earned a letter award in that sport for the same year. Awards recognition will be presented at the appropriate sports banquet at the end of each season.

**8.0 INJURIES**

Parker has one on-site full-time certified athletic trainer on staff. The staff is available for all home contests and will travel as available to away contests. The athletic trainer has experience dealing with emergency situations and treating athletic injuries and is well-versed in the protocols associated with these situations. All injuries should be immediately reported to the athletic training staff for assessment and treatment.

Upon assessing the seriousness of an injury, the athletic training staff, with possible input from a physician, has sole discretion on whether a student is deemed ready to return to practice or is ready to play.

**8.1 Athletic Training Room**

Monday to Friday, 11 am to 6 pm*
Hours may be extended due to games, practices or special events
*The athletic trainer may be fulfilling other duties, such as PE classes

All students should know and understand the rules of the Athletic Training Room for students. Please help the staff to remind the students of the following rules:

1. All students must sign in before all treatments.
2. Act respectful and appropriate at all times. No horseplay or foul language.
3. Leave bags and equipment outside.
4. Students are not permitted to self-treat their injuries.
5. Students are not permitted to remove supplies or equipment without permission from the athletic trainer.
8.1.1 Communication with Athletes, Parents, Doctors and Coaches Regarding Injuries

1. All injured or hurting student-athletes must go to the Parker athletic trainer.
2. The athletic trainer will make injury assessments and begin any necessary treatment.
3. The athletic trainer will communicate the student-athlete’s injury to the parent or guardian and coach by phone, by note or in person.
4. The athletic trainer will communicate the student-athlete’s need to see a doctor or other healthcare provider to the student-athlete’s parent or guardian. All student-athletes who receive outside care or clearance for an injury should return with a note from the healthcare provider with instructions for return to play.
5. The athletic trainer (sometimes collaborating with a healthcare provider) will assign any limited practice time or injury rehabilitation.
6. The athletic trainer and healthcare provider (not the coach) must agree when a student-athlete returns to activity (practice or contest) after an injury.

8.1.2 Head Injury Protocol

All injuries are taken seriously, and head injuries are managed with special care. A student-athlete should stop participating any time he or she has any unusual symptoms following a blow or shaking of the head. CIF Bylaw 313 states that a student-athlete who is suspected of sustaining a concussion or head injury in a practice or game shall be removed from competition at that time for the remainder of the day. A student-athlete who has been removed from play may not return to play until he or she is evaluated by a licensed healthcare provider trained in the evaluation and management of concussion and receives written clearance to return to play from that healthcare provider. The student-athlete will follow return-to-play guidelines under supervision of the athletic trainer, including a thorough clinical examination and gradual return to exertion through a stepwise process of biking, running and agility (sports-specific exercise with no contact). The athletic trainer and physician will also use results from the ImPACT test (a computerized neurocognitive assessment) to help make return-to-play decisions.

8.1.3 Team Physician

Parker has been fortunate to have volunteer team physicians from both San Diego Orthopedic Associates and San Diego Sports Medicine treat our student-athletes. They have been accommodating for appointment times and communicate well with our parents, coaches and athletic trainer. When possible, we encourage our athletes to see one of our team physicians. However, it is a decision that is completely at the discretion of the parent.

8.2 Health Insurance
Parker requires that all enrolled students have health insurance coverage. Parker also offers supplemental health insurance for all of its students. This means that in the event of an injury, the supplemental coverage would take effect only after the insured’s primary insurance has been exhausted. Please see your enrollment agreement or contact the School’s business office.

9.0 UNIFORMS & EQUIPMENT

It is the responsibility of the Head Coach, in coordination with the Athletic Director or his or her designee, to order and maintain all equipment, apparel, and uniforms for each team.

The Head Coach is responsible for monitoring the uniform, apparel and equipment inventory for the team at all levels (Middle School, Novice, JV and Varsity). An accounting of each team’s inventory must be done prior to the start of a season and at the end of a season by the Head Coach or his or her designee. A total accounting of this inventory must be submitted to the Athletic Director or his or her designee at the end of every season.

All student-athletes will receive uniforms and apparel from the Head Coach or his or her designee at the beginning of the season. All student-athletes must properly maintain all uniforms and equipment given to them for use during the season and must return all uniforms and equipment to their Head Coach at the conclusion of their sport’s season. DO NOT LEAVE UNIFORMS OR EQUIPMENT IN OR AROUND THE ATHLETIC OFFICE. ALL ITEMS MUST BE RETURN DIRECTLY TO THE HEAD COACH.

If a student-athlete fails to return any items provided for use during the season at the conclusion of the season, the student-athlete’s family will be billed for the full cost of those items.

9.1 Spirit Wear

To foster a sense of school spirit, students are allowed to wear authentic Parker outerwear during a normal school day. Spirit wear apparel is any apparel item that is optional and intended solely to promote camaraderie and team or school spirit. This includes items from the online campus store, athletic team or lettermen’s jackets, and hooded sweatshirts.
Designated team parents must coordinate with their respective Head Coaches regarding any additional apparel (t-shirts, sweatshirts, jackets, hats, etc.) to be made available to parents, students or fans as spirit wear through our approved vendor’s online store.

Any items designated as spirit wear, including sweatshirts, windbreakers, and other outerwear from any vendor other than Lands’ End, or the school’s approved vendor (i.e. Under Armour) is prohibited.

Hats may be Parker baseball-style hats or Ivy hats, worn brim forward and only outdoors. Hats designed for sun protection are also acceptable. Snow beanies, berets, visors, tennis hats, scarves, netting, etc., are not permitted. Hats must be removed once inside the classroom.

The Athletic Director has final approval on all athletic apparel, uniforms and spirit wear.

10.0 COMMUNICATIONS PROTOCOL

When dealing with questions and concerns that arise during or outside of an athletic season, the student-athletes should meet with their coach before parents or guardians become involved. If the parents or guardians still have a valid concern, they should then contact the coach to set up a meeting that includes the student-athlete, the parent and the coach. If there is not a satisfactory resolution, the parent may contact the Athletic Director to set up an appointment. The Athletic Director, in his or her sole discretion, may decide on at the appropriate parties to attend that meeting. Here are some things to keep in mind:

- Communication is most productive when an appointment is made to sit down and discuss the issue in private.
- Parents should never try to address issues or concerns with a coach before, during or after a game.

At Parker, we believe in preparing our students for college and for life. When properly implemented, sports are the ideal environment to nurture the lessons of character, self-discipline and self-confidence. With that goal in mind, we understand that there may be instances that arise where the student-athlete will be called upon to address any issues or concerns they have directly with the coach. When this occurs, our coaches will address these matters with dignity and grace while focusing on the learning opportunity for the student.

Parents may find it very difficult to accept that their student-athlete is not playing as much as they may have hoped. Coaches use their professional experience to make decisions based on what they believe to be in the best interest of the team. The coach must take into account all members of the team, not just one individual. As noted on the
Communications Protocol form, certain concerns should be discussed with the coach. Other decisions, such as inappropriate topics, must be left to the discretion of the coach.

10.1 Removal from Team

A student-athlete who is removed from a team or sport in season due to disciplinary or academic reasons will not be allowed to participate or practice in another sport until the end of the regular season of the team from which he or she was dropped. In addition, all awards, letters and certificates are forfeited.

11.0 DISCRIMINATION, HARASSMENT, INTIMIDATION & BULLYING POLICY

It is essential to the well-being of all community members that they be treated with due respect for their rights, individuality and personal dignity. Courteous, tolerant and respectful behaviors and attitudes support the School’s goals for student growth. Therefore, it is the School’s policy to prohibit discrimination, harassment, intimidation and bullying.

The School’s policies on these topics are contained in the Student Handbook, and all students are expected to read, respect and follow all policies.

12.0 SPECTATOR EXPECTATIONS

Parker is committed to protecting the safety and comfort of all spectators and providing an environment that supports sporting conduct and enables our student-athletes to participate in a positive educational experience. The Athletics Department staff and security personnel therefore enforce strict standards for spectator behavior that expressly prohibit misconduct such as the following:

- Abusive verbal or physical conduct of spectators directed at participants, officials, or sponsors of the event or at other spectators;
- Verbal or physical conduct of spectators that interferes with the performance of student-athletes, officials or sponsors of the event;
- Use of vulgar, obscene or demeaning expressions directed at student-athletes, officials or sponsors participating in the event or at other spectators;
- Intoxication, impairment or inappropriate behavior or language due to the consumption of alcohol or drugs, the possession or consumption of which is expressly prohibited in athletic facilities;
- Possession of weapons or prohibited food, beverages, containers or other items and refusal to surrender such items to security or to check such items before admission into the facility.
In addition to authorizing the security officer to ask the offending spectator to leave the facility, the Athletics Department reserves the right to revoke such spectator’s privilege to attend future games and contests.

12.1 CIF Ejection Policy

Any coach, player, team attendant or spectator ejected by a contest official from any contest for any reason, at any level, is suspended indefinitely from participation, practice or attendance at any Parker sports contest until a meeting is scheduled among the school administration, coach, player and custodial parent(s)/guardian(s) with CIFSD staff member(s). Meetings will be scheduled at a time to be announced. There is no appeal of the commissioner’s decision. Telephonic and electronic meetings are not permitted.

Additionally, any person ejected (coach, player, spectator) is required to attend a CIFSD Ethics in Sports meeting, which will be held at a time to be announced. Failure to attend the sportsmanship meeting will result in immediate suspension of athletic eligibility or attendance at Parker contests or practices until such time as the ejected person attends a sportsmanship meeting.

13.0 BUDGET INFORMATION

The annual operating budget for each sports program offered by Parker is intended to provide the necessary funding for anything that is required or deemed essential for participation (“Essential Items”), regardless of level – e.g., Varsity, Junior Varsity, Middle School. Accordingly, Parker strives not to impose any special fees or charges in order for a student-athlete to participate in its sports programs. Please note that all budgetary requests and commitments are subject to the availability of applicable funding within the approved budget for that year.

Examples of Essential Items that are funded in the annual operating budget for a sports program include but are not necessarily limited to:

- Equipment and protective devices (e.g., mouthpieces)
- Practice uniforms
- Game/competition uniforms – home and away, if applicable
- Other apparel (e.g., caps, jackets, warm-up suits) if customary for participation
- Water and other drinks (e.g., Gatorade) to ensure that student-athletes are properly hydrated during a game/competition or practice
- Tournament or game/competition fees, if applicable
- Facility rental fees, if applicable
- Official or referee costs
- Local transportation
• Non-local travel – transportation, lodging, meals and other incidental expenses – to participate in playoff or championship games/competitions outside the local area
• Other approved non-local travel – transportation, lodging, meals, and other incidental expenses – to optionally participate in games/competitions outside the local area (refer to additional information below)

Examples of non-Essential Items that are not funded in the annual operating budget for a sports program include, but are not necessarily limited to:

• Shoes and other footwear
• Customized equipment – e.g., gloves for baseball
• Customized apparel – e.g., cheer uniforms that are individually fitted or embroidered in a manner that prevents reuse
• Equipment that is optional – e.g., hand or elbow pads for football
• Apparel that is optional and intended solely to promote camaraderie and spirit

It is the responsibility of the Athletics Director (“AD”), in consultation with the applicable Head Coach, to compile and maintain a list of Essential Items for each sport.

While Parker strives for consistency when determining the list of Essential Items across its different sports programs, it is recognized that there may be some variation based on the unique characteristics of individual sports.

It is Parker’s intent to collect and reuse Essential Items that are durable (“Reusable Essential Items”). Accordingly, it is the responsibility of the AD, in consultation with the applicable Head Coach and the Athletics Operations Associate, to establish and maintain a system to ensure that Reusable Essential Items are recovered at the end of the season, receive proper servicing or care (e.g., recertification of football helmets), and are stored securely.

It is the responsibility of the AD, in consultation with the applicable Head Coach, to determine the frequency with which Reusable Essential Items are replaced. In determining these intervals, Parker’s intent is to maximize the useful life of Reusable Essential Items given the cost implications, provided that student-athlete safety is never compromised.

It is the responsibility of the AD or the AD’s designee to create and maintain a replacement schedule for Reusable Essential Items by sports program and by year.

Parker recognizes the value associated with occasionally participating in a non-local game/competition and for which non-local travel costs may be incurred (“Optional Non-Local Travel”). To this end, each sports program may, subject to the AD’s approval, include up to $100 per participant in the annual operating budget for Optional Non-Local Travel – i.e., transportation, lodging, meals, and any other incidental expenses.
The $100 per participant budget for Optional Non-Local Travel may be used annually or saved for up to four years; however, the Optional Non-Local Travel budget in a given year may not exceed $400 per participant unless otherwise approved by the Head of School.

The cost of Optional Non-Local Travel may not be charged to the families of student-athletes unless otherwise approved by the Head of School.

It is the responsibility of the AD, in consultation with the Head of Finance and Operations and Head of School, to establish the estimated annual operating budget for Parker’s sports programs each year by no later than December of the preceding year – e.g., December 2016 for the 2017-2018 school year. It is expected that, for each sports program, an assumption regarding the expected number of participants will be made to establish the estimated annual operating budget.

It is the responsibility of the AD, in consultation with the applicable Head Coach, to establish the actual operating budget for each sports program no less than three months prior to the start of the applicable season. It is expected that, for each sports program, there may be some variation – favorable or unfavorable – between the estimated annual operating budget set in December of the preceding year and the actual operating budget based on differences in the expected number of participants.

14.0 NON-CIF SPONSORED SPORTS

In support of students who wish to form competitive sports teams that (i) are not currently offered by Parker or (ii) are not under the jurisdiction of the California Interscholastic Federation (“CIF”), Parker has adopted the guidelines set forth below regarding such sports teams (“Non-CIF Sports”).

14.1 Qualification Criteria

Parker’s Athletics Department is responsible for determining on an annual basis whether a particular sports team qualifies for Non-CIF Sport designation. The primary criteria upon which the Athletics Department will make this determination are: (1) there must be participation commitments from at least 10 students (which may be higher depending on the nature of the sport); and (2) there must be a sanctioned governing body under which the team shall compete. Teams that do not meet the qualification criteria may be formed as a “Student Non-CIF sponsored sport” with the consent of the applicable Division Head; however, any sports team formed as a “Student Non-CIF sponsored sport” will not be allowed to compete.

14.2 Non-CIF Sponsored Sport Coaches
The Athletics Department is responsible for hiring, supervising and evaluating Non-CIF Sport coaches. Accordingly, the Head Coach for any Non-CIF Sport will report to Parker’s Athletic Director (or his or her designee). The Athletics Department is also responsible for determining the appropriate number of coaches for each Non-CIF Sport in accordance with its standard policies.

Parker will compensate Non-CIF Sport coaches pursuant to the pay scale it uses for all of its athletic programs. In the event the parents or guardians of participants wish to pay a Non-CIF Sport coach more than this amount, they may submit a proposal to provide additional compensation through Parker’s Athletic Director. This proposal should include a comparative analysis of pay information and coaching duties.

14.3 Funding Responsibilities

In addition to providing the funding to compensate Non-CIF Sport coaches, Parker will pay for reusable uniforms or other athletic attire that may be required to compete. Parker will not pay for facility rentals, equipment, non-reusable (e.g., customized) uniforms or athletic attire, officials, transportation, travel or other expenses that may be incurred. Such expenses are the responsibility of the parents or guardians of the Non-CIF Sport participants.

14.4 Miscellaneous

In the event a Non-CIF Sport (i) falls under the jurisdiction of the CIF and (ii) qualifies for Non-CIF Sport designation for a continuous period of at least three years, Parker will consider offering the sport as one of its regular athletic programs.

15.0 TEAM PARENT GUIDELINES

The following is intended to be a broad overview of being an Upper School team parent.

Each team should have one or two team parents (depending on the size of the team) who work with the Head Coach and his or her staff. The team parent is the secondary point of contact for other parents and the liaison with the coach and the Athletics Department in regards to whole-team functions.

In order to ensure family privacy, team parents should refrain from getting involved with individual student-athlete or parent issues or concerns, as it is the primary responsibility of the Head Coach and the Athletic Director to handle these matters.

15.1 Lancer Spirit Committee

The Lancer Spirit Committee (LSC) is a special committee of the Parker Athletics Department. It has been created to bring a high level of excitement and enthusiasm to
our interscholastic athletic programs through building school spirit and community. Each team will be represented on the Lancer Spirit Committee by a team captain and team parent.

15.1.1 Responsibilities of the LSC

- Promote school spirit and good sportsmanship.
- Engage students, parents and fans to increase attendance at games and other athletic events.
- Work collaboratively with administration and coaches in supporting the goals of the respective sports programs and the overall mission of the Athletics Department.
- Help maintain and improve communications and cooperation among parents, coaches, teachers, students and administration for the advancement and improvement of our interscholastic athletic programs.

15.2 Expenditures

There may be items that are not covered by the athletic or team budgets (e.g., snacks, coach’s gifts and pre-game meals). In those cases, the team parent(s) should provide the Head Coach and the Athletic Director an estimated amount of all expected expenses at the beginning of the season to be charged to the parents of student-athletes on their team. Once received, the Head Coach and the Athletic Director will make a determination on what expenses will get passed on to the parents and subsequently collected through the school's cost recovery process (e.g. bill me form).

The Athletics Department will not reimburse any person for any expenses unless those expenses received prior approval by the respective team's Head Coach and the Athletic Director in advance of any and all purchases.

Please remember to also note the aforementioned athletics budgeting policy sections of this handbook.

15.3 Team Functions

15.3.1 Pre-Season Meeting

All Head Coaches must schedule and conduct a pre-season meeting to discuss their coaching and team philosophies, the season schedule and other logistical matters. This meeting may take place on campus by coordinating with the Head Coach and the Athletic Director in advance to secure a location. Otherwise, pre-season meetings may also take place at other pre-defined locations with the approval of the Head Coach.

15.3.2 Sports Banquet
At the end of each year, Parker will provide a date, time and location to hold an end-of-year sports banquet. At this banquet, we will celebrate both team and individual accomplishments. This banquet is open to all family members, students, faculty and staff who wish to attend. Invitations will be sent out via email and posted in the Parker Family Connection. Please be sure to RSVP in advance so that we may accommodate all guests.

15.3.3 End of Season Celebrations

It is customary for teams to conclude their respective seasons with a celebratory meeting or dinner. Team parents wishing to conduct these types of activities should coordinate with their Head Coach and other parents to plan for this event. You may request the use of Parker facilities to conduct this event. However, any additional costs associated with this type of event (e.g. food, snacks, decorations, etc.) will be at the parents' expense.

15.3.4 Senior Night

It is customary for each team to dedicate a time prior to a home contest in order to acknowledge the contributions of its senior class. Team parents should coordinate the logistics (i.e., date, time, gifts and announcements) of this event with their Head Coach and the Associate AD.

The Athletics Department will reimburse parents for the expenses (e.g. flowers and decorations) of this event with prior approval from the Athletic Director.