

# GREAT GIRLS DESERVE GREAT SCHOOLS

Symposium

## USING TECHNOLOGY AS AN ALLY TO STRENGTHEN GIRLS' DEVELOPMENT AND FAMILY RELATIONSHIPS

In her work internationally as a speaker and consultant, Dr. Steiner-Adair identifies digital-age challenges for parents and educators, and ways to strengthen children's social and emotional development to help them grow to be responsible, resilient, confident, and capable young adults. Dr. Steiner-Adair shares real-life stories from her clinical practice and her work with educators, experts, parents, and children, including extensive interviews with students from pre-school through high school and beyond.

Dr. Steiner-Adair offers insights and advice that help parents achieve greater understanding, authority, and confidence as they engage with the tech revolution unfolding in their living rooms. Easy access to the internet and social media has erased the boundaries that protect children, and Dr. Steiner-Adair helps her audiences to understand the psychological fallout that children are experiencing, often with their parents unaware.

While discussing how chronic technological distractions can have deep and lasting effects on children and parents alike, Dr. Steiner-Adair proves that children need parents and educators to provide what technology cannot: close, meaningful interactions with the adults in their lives and purposeful learning and play in real life. She gives her audiences the skills to deconstruct unhealthy messages from online culture and create space for nourishing deep attention, creativity, empathy, and healthy relationships.



**Burke's**  
presents

## Dr. Catherine Steiner-Adair

*Dr. Catherine Steiner-Adair is an internationally recognized clinical psychologist, school consultant, and award-winning author. Author of the award-winning book *The Big Disconnect: Protecting Childhood and Family Relationships in the Digital Age* (HarperCollins), Dr. Steiner-Adair examines ways in which the wonders of technology and media also change how children learn and grow, and shows parents and educators how to reap the benefits of tech while reducing the risks it poses at every stage of child development.*

**Tuesday, March 27 at 6:30 p.m. | Burke's Lunchroom**

**No parking on 32nd Avenue between California and El Camino del Mar. Please consider taking public transit to Burke's. THIS EVENT IS OPEN TO THE PUBLIC.**

**RSVP at [kdb.org/symposium](https://kdb.org/symposium). Childcare is available for Burke's parents.**