

## Educational Travel Experience Designed Especially for St Michael's Catholic Academy



# Humanity & Social Justice in South Africa - 84483-4

January 4 - January 14, 2020












### ITINERARY OVERVIEW

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- DAY 1 DEPARTURE FROM AUSTIN
- DAY 2 LAYOVER IN LONDON - DEPARTURE FROM LONDON
- DAY 3 ARRIVE JOHANNESBURG (2 NIGHTS)
- DAY 4 JOHANNESBURG - SOWETO EXPERIENCE
- DAY 5 JOHANNESBURG - INTERNAL FLIGHT - CAPE TOWN (4 NIGHTS)
- DAY 6 CAPE TOWN - ISANDLA INSTITUTE OR INSTITUTE FOR JUSTICE
- DAY 7 CAPE TOWN - PARLIAMENT TOUR
- DAY 8 CAPE TOWN - ROB BEN ISLAND
- DAY 9 CAPE TOWN - AQUILA SAFARI PRIVATE GAME RESERVE (1 NIGHT)
- DAY 10 GAME DRIVE - DEPARTURE FROM CAPE TOWN
- DAY 11 ARRIVE AUSTIN

## ITINERARY

Investigate the World: South Africa combines a magnificent landscape with outstanding opportunities to view Africa's wildlife in a natural environment. You can visit Table Mountain and the Cape of Good Hope from Cape Town; the magnificent Drakensberg escarpment is one of the world's great mountain ranges; the Zulu heartland has some outstanding national parks. The highlight is the Kruger National Park, without parallel for the richness and variety of its animal life.


 Educational Tour/Visit	 Cultural Experience	 Festival/Performance/Workshop	Tour Services
 Recreational Activity	 LEAP Enrichment	 Match/Training Session	    



### DAY 1 Saturday, 04 January 2020








-  Relax and enjoy our scheduled flight from Austin to Johannesburg, South Africa

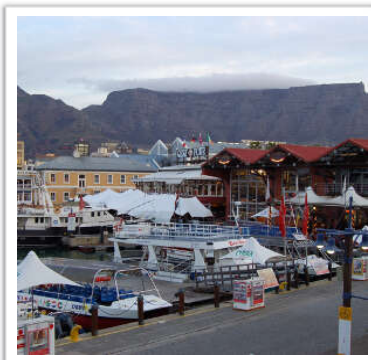
### DAY 2 Sunday, 05 January 2020

-  There will be a long layover in London.  
\*Subject to final air confirmation

### DAY 3 Monday, 06 January 2020

Our 24-hour Tour Director will meet us at the airport and remain with us until our final airport departure.

-  We will have use of a private coach and driver, while touring for the next eight days.
-  South Africa was hailed as a beacon of hope to the world as it successfully transitioned to democracy from the brutal apartheid regime. However, the hopes of becoming a rainbow nation have faded as the country continues to wrestle with crippling inequality, social upheaval and injustice, despite having one of the most progressive constitutions in the world. The program offers students a unique opportunity to see how a nation is dealing with its multifaceted social challenges while also coming to grips with its traumatic past. Our base for the next two nights will be the Johannesburg (area). While here we will enjoy breakfast at the hotel daily.
-  Johannesburg is the economic and cultural heart of South Africa. Known to locals as Joburg, Jozi or Egoli (place of Gold), Johannesburg is the capital of Gauteng province and the largest city in the country. It is also home to Africa's tallest building, the Carlton Centre.
-  There will be an orientation meeting to provide students with relevant information and useful tools to familiarize them with their host country and the program ahead.
-  Visit the extraordinarily powerful Apartheid Museum, where you will be escorted on a guided tour. Its large blown-up photographs, metal cages and numerous monitors showing replays of apartheid scenes will soon evoke the feeling of being in the townships in the 70s and 80s, dodging police bullets or teargas canisters.
-  In the middle of the hustle and bustle that Joburg is famous for, Moyo Zoo Lake's fragrant meals and tranquil atmosphere offers a seductive escape from it all. Enjoy a relaxed environment on the deck overlooking Zoo Lake and live music setting the mood for fine (and fun) dining. Whatever the day, time or occasion, rest assured that a range of African-inspired cuisine awaits all of the guests at Moyo.
-  Daily Reflection and Group Discussion  
"We do not learn from experience, we learn from reflecting on experience" - John Dewey  
On every evening of the program, we will set time aside to update our Reflection Journal and share thoughts and impressions that have come to the fore in the course of the day.



#### DAY 4 Tuesday, 07 January 2020



Soweto is Johannesburg's biggest township. This expedition involves the highlights of this iconic township which include Nelson Mandela's former home and the Hector Pieterse museum (he was one of the school children who was shot in the 1976 Soweto Uprising). Participants have real immersion into Soweto Culture as they meet the people and try local food. We will conclude our experience with a visit to the Soweto Law Clinic. It is the first custom-built law clinic in the country and is intended to provide services to an area that played such an important role in the creation of South Africa's democratic society. The Law Clinic is helping to build a South African society based on human dignity, equality and freedom.



A cozy restaurant in the middle of Soweto, it is popular with both locals and visitors alike. The restaurant has hosted international stars such as Richard Branson, Evander Holyfield, Jesse Jackson, Quincy Jones and the All Blacks rugby team. For those who seek a touch of the exotic, Wandies serves local cuisine in the form of a buffet. The dishes include mutton, lamb, beef or chicken and vegetarians are also catered for.

#### DAY 5 Wednesday, 08 January 2020



We will take an internal flight from Johannesburg to Cape Town.



Our base for the next four nights will be Cape Town at the Team House, where daily breakfast and dinner will be included. The Team House is ideally situated at the base of Chapman's Peak, with panoramic views over Noordhoek Beach.



Cape Town is a port city on South Africa's southwest coast, on a peninsula beneath the imposing Table Mountain. Slowly rotating cable cars climb to the mountain's flat top, from which there are sweeping views of the city, the busy harbor and boats heading for Robben Island, the notorious prison that once held Nelson Mandela, which is now a living museum.



The Company Gardens is a tree haven in the middle of the city and is surrounded by museums and fascinating buildings - the St Georges Cathedral, Slave Museum, National Art Gallery and Jewish Museum to name a few.



Greenmarket Square is Cape Town's best known open market where you will meet traders from all over Africa while you haggle over the price of jewellery, clothes, arts, and crafts. The Market is also surrounded by numerous historic buildings housing coffee shops, art museums and galleries.



Jasmina, a local Cape Malay woman residing in Bo-Kaap, invites students into her kitchen. She teaches how to make traditional Cape Malay dishes that are loved by locals in the community step by step. Students can try their hands at mixing the right amount of spices and perfectly folding a samosa. At the end, they get to sit down and enjoy their 3-course home cooked meal.

#### DAY 6 Thursday, 09 January 2020



Parliament plays a direct and active role in national affairs; where the members of Parliament look after the interests of the people. All visitors must bring their Passport or ID document in order to visit the buildings.

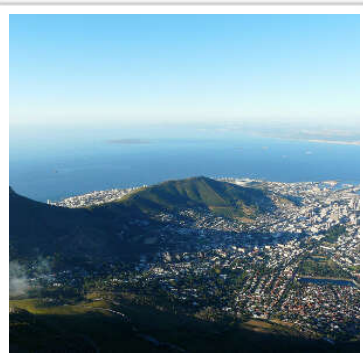


The Cape Colony was built on the backs of slaves and the Slave Lodge was where Dutch East India Company used to lock up the slaves who worked in the Company Gardens. Today it is a national monument and a museum documenting the history of slavery in South Africa.



Visit the 18 Gangster Museum, an innovative museum that aims to help South African youth to better understand the treacherous path that many in their communities take into gangsterism and ultimately, prison. Incorporating immersive text and imagery and a replica prison cell, the Museum's installations are curated by ex-offenders who share their real-life experiences of gangsterism and prison and how they turned their lives around. Guest speakers can be arranged as well as workshops on various themes related to gangs, incarceration, community and social issues.














#### DAY 7 Friday, 10 January 2020

-  Today we will visit the Isandla Institute, a think-tank with a primary focus on fostering just, equitable and democratic urban settlements. Isandla works with partners and academic institutions towards the reduction of urban inequality, poverty, racism and social exclusion. Conceptually, Isandla Institute's work revolves around 'the right to the city' and, more particularly, how poor people in South Africa can claim and enjoy that right. The institute seeks to advance the right to the city and inspire new approaches to urban development and city-making.
-  OR
-  Experience a visit to The Institute for Justice and Reconciliation, established in the wake of South Africa's Truth and Reconciliation Commission. The aim was to ensure that lessons learnt from South Africa's transition from apartheid to democracy were taken into account as the nation moved ahead. Today, the Institute helps to build fair, inclusive and democratic societies in Africa. It contributes to post-conflict stability, good governance and human security through programs that promote political reconciliation and social and economic justice across Africa.
-  A trip to Table Mountain is a must for all those visiting Cape Town. Take a cable car up the mountain for spectacular and magnificent views from the top. Depending on the time of day, watch the sunset from the top and observe Cape Town by night before making the descent.
-  Tonight, we will enjoy dinner at GOLD Restaurant. A typical evening at GOLD Restaurant starts off with the drumbeat of the djembe drum. An interactive drum circle offers students the opportunity to join in and learn how to play the djembe to the rhythms and sounds of Africa. After pounding the skins of the drums, they may soothe their hands in a traditional hand washing ceremony as they are led to their table for a culinary adventure through Africa.

#### DAY 8 Saturday, 11 January 2020




-  Chapman's Peak Drive winds its way between Noordhoek and Hout Bay. Situated on the Atlantic Coast, at the south-western tip of South Africa, it is one of the most spectacular marine drives anywhere in the world. The 9km route, with its 114 curves, skirts the rocky coastline of Chapman's Peak. The drive offers stunning 180° views with many areas along the route where you can stop and take in the scenery or sit down for a relaxing picnic. After our drive, we will end up at Camps Bay, which is known for its fine white sand, natural rock swimming pool and views of the Twelve Apostles mountains.
-  This evening, we will have the unique opportunity to have dinner with and hear from former Robben Island prison warden, Christo Brand. Our guest speaker will discuss his experience on the Island and his experience being Nelson Mandela's warden.
-  No visit to Cape Town is complete without a trip to the V&A Waterfront. Enjoy some free time to browse around the myriad of specialist shops as well as the many arts and craft markets. We will also enjoy lunch at a local restaurant.
-  The beautiful Boulders Beach is home to a population of 2,000 to 3,000 African Penguins and is the only place in the world where you get close to African Penguins. Sadly the African Penguin has been classified as an endangered species, due to things like over-fishing, habitat destruction, pollution, and irresponsible tourism activities. We will spend time exploring Boulders Beach and learning more about the beaches' famous inhabitants.
-  From the 17th to the 20th centuries, Robben Island served as a place of banishment, isolation and imprisonment. Today it is a World Heritage Site and museum, a poignant reminder to the newly democratic South Africa of the price paid for freedom. On our trip, tour the prison where Nelson Mandela was imprisoned for 17 years. We will also have the opportunity to hear from former prison warden, Christo Brand at dinner on the island.

#### DAY 9 Sunday, 12 January 2020

-  Today we will travel from Cape Town to the Aquila Safari Lodge.
-  Our accommodation at the Aquila Safari Lodge, will be our base for the night. While here, breakfast, lunch, and dinner will be included.
-  Proclaimed a Private Nature Reserve in 1985, Aquila is set in the magnificent Karoo mountains, with large herds of game, including giraffe, hippo and four of the Big Five.
-  This evening, we will go on our first game drive to see the nocturnal animals on the Reserve. We will be accompanied with a local expert to explain the efforts that are taken to protect and preserve these animals.



**DAY 10 Monday, 13 January 2020**

-  This morning, we will go on a game drive around the Reserve to see the various animals. We will be accompanied with a local expert to explain the efforts that are taken to protect and preserve these animals.
-  Final Reflection and Discussion Session  
This evening we make the final entries in our Reflection Journal and share some of the most significant observations and perspectives that have taken shape in the course of our travel experience and how these may be most relevant for us all as we return home.
-  Our rewarding and enjoyable tour comes to an end as our Tour Director accompanies us to the airport on our final day.

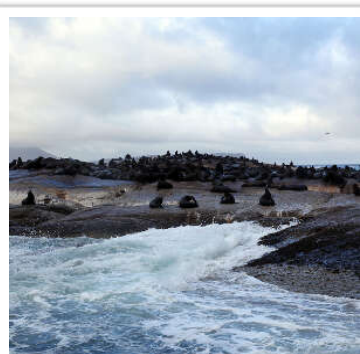
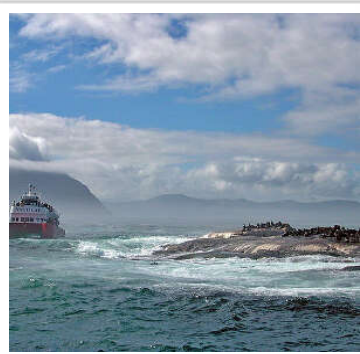
**DAY 11 Tuesday, 14 January 2020**

-  Arrive home.
-  Recognize Perspectives and Communicate Ideas:

3 College Preparatory Credits Through the University of California at San Diego Extension

As a result of participating on this program, after the travel experience all high school students are also eligible to take an online Global Perspectives course through a learning management system, where all the grading and assessment will be undertaken by the WorldStrides Curriculum and Academics team, led by Dr. Wendy Amato PhD.

The course offers 3 college preparatory credits through the University of California at San Diego Extension, where credit will be awarded upon successful completion of the online coursework with all costs associated with the course and the credits also being covered by WorldStrides.



### TOTAL PER PERSON TOUR COST BASED ON NUMBER OF FULL-PAYING PARTICIPANTS

St Michael's Catholic Academy (Subject to final airfare confirmation)	Full Paying Participants	Free Place Entitlement	Price In USD
This proposal is valid until Thursday, 28 February 2019 and this tour cannot be operated in its present format with fewer than 10 participants.	<b>16</b> 12	<b>2</b> 2	<b>4,999</b> 5,199
<b>EZ Pay Option</b>			
Enroll by 02/28/2019 and make 8 payments of \$587.38 every 30 days by automatic deduction from your bank account. The final payment of the series will be deducted no later than 45 days before travel.			
**Based on the bolded pricing ratio from above. Tour Prices Guaranteed at Time of Enrollment!			
Our Price Guarantee: Once you have accepted this proposal, the dates have been confirmed and WorldStrides online registration portal (or equivalent paperwork) has been made available for your group's tour, the prices shown for the relevant group size level(s) will not change, regardless of any subsequent rate fluctuations (for example, on visits to attractions, airline fuel/taxes or currency movements on overseas programs).			

#### What is Included:

- Roundtrip airfare with a major carrier on scheduled flights and guaranteed dates
- All airport taxes and fuel surcharges
- Accommodation in three and four star hotels in twin or triple rooms with private facilities guaranteed in Johannesburg and Aquila Lodge
- Accommodation at the Team House in twin or triple rooms with private facilities guaranteed
- A filling breakfast and lunch every day to get the day started well throughout your touring program
- A hearty three course dinner daily reflecting local cuisine on every evening
- Lunch everyday on tour (except Day 3 & 10)
- A full-time Tour Director to accompany your group 24 hours a day from arrival to departure
- All excursions, cultural activities and (several pre-booked) admissions as per your itinerary
- Transportation by private coach for airport transfers and touring
- A free place in a single room and provision of an international cell phone for the main Program Leader on your tour
- Additional free places in shared twin rooms (as determined by the number of full paying participants stated below)
- Basic health insurance while on tour (including medical treatment on tour up to \$7,500) and \$50,000 of coverage for emergency evacuation and repatriation
- Three college preparatory credits issued by UCSD-Extension for high school students (upon successful completion of online course work)
- Free Professional Development Points/Credits (35 points or equivalent) for all faculty chaperones

#### This Does Not Include:

- Lunches Days 3 & 10 and personal beverages with meals
- Visas (if required)
- Tips and gratuities for the guide and driver
- Any fees that might be imposed by the airlines at the airport for checked baggage
- Travel insurance - We offer and always recommend our Trip Mate travel insurance policy to all participants. This comprehensive policy includes health, property and cancellation coverage at a cost of \$149
- Alternatively, you may wish to purchase our enhanced policy which includes a Cancel For Any Reason option for \$249